Canadian Rockies



Alberta's Canadian Rockies in all their rugged splendour.

hey're all about edge. Scraping the sky and framing the prairies – the legendary Canadian Rocky Mountains zig-zag up the entire western border of Alberta, creating diverse eco-systems along the way. Climb them. Hike around them. Raft or kayak right on them. Or wing your way over them in a helicopter or hanglider. But you have to see them – to believe in their breathtaking beauty.

Kananaskis Country

Kananaskis Country is a popular 4,250-sq.-km (1,615 sq. mi.) outdoor recreation area located 45 min. SW of Calgary spanning both the foothills and the Rockies. Within Kananaskis Country are four provincial parks: Peter Lougheed, Bow Valley, Bragg Creek and Elbow/Sheep Wilderness. Camping, hiking, bicycling, fishing, golfing and horseback riding are popular in the spring, summer and autumn. Cross-country skiing, snowshoeing, ice-skating, dog sledding and downhill skiing are popular in the winter months. **Phone**: (403) 678-5508. **Web site:**

www.cd.gov.ab.ca/enjoying_alberta/parks/featured/kananaskis

Kananaskis Country Golf Course

Carved from the spectacular Kananaskis River Valley, Kananaskis was recently rated by Golf Digest as one of the top 25 public courses in North America. **Open:** May - Oct. **Location:** In Kananaskis Village. **Admission:** Charged, tee times can be booked 60 days in advance. **Phone:** (403) 591-7154, (403) 591-7088 or 1-877-591-2525. **Web site:** www.kananaskisgolf.com

Kananaskis Trail (Hwy. 40)

This scenic highway cuts through the heart of the Rocky Mountains linking travellers to the south of the province, and provides easy access to the Trans Canada Hwy. and Banff National Park. Road closed from Kananaskis Lakes Trail junction to Highwood House Dec. 1 – June 14.

Canmore

Only 15 minutes east from world-famous Banff, the mountain lifestyle in Canmore is enjoyed at a more relaxed pace. Charming and funky, Canmore also offers an incredible array of world-class outdoor activities from mountain biking to fly-fishing to golf (and even cave tours), all in specatular surroundings. In winter, snow lovers are only an hour from five downhill ski resorts, or you can cross-country ski, dog-sled, snowshoe or ice climb to your heart's content. Accommodations of all kinds offer warm welcomes.

Tourism Canmore

Phone: (403) 678-1295 Fax: (403) 678-1296. Web site: www.tourismcanmore.com

Canmore Nordic Centre

Hosted the cross-country skiing, biathlon and nordic combined events of the 1988 Winter Olympics. Mountain bike rentals, guided rides and lessons available. Wellmaintained cross-country ski trails in season. **Open:** Year-round. **Location:** Smith Dorrien/Spray Trail, SW of Canmore. **Phone:** (403) 678-2400. **Website:** www.cdgov.ab.ca/enjoying_alberta/parks/

featured/kananaskis/cncpp.html

Canmore Children's Festival

May 16-17, 2003 - Celebrate your inner child with two days of storytelling, music, dance, theatre, and crafts guaranteed to delight children of all ages. **Phone:** (403) 678-1878. **Web site:** www.canmorechildrensfestival.com

Canmore Folk Festival 2003

Aug. 2-4, 2003. Held at Canmore Centennial Park, this festival features 4 stages and music workshops. **Phone:** (403) 678-2524. **Fax:** (403) 678-2524. **Web site:** www.canmorefolkfestival.com

Canmore Highland Games

Aug. 31 – Sept. 1, 2003. Kick up your heels under the peaks! Enjoy the music, sports and sights of Western Canada's largest Highland Games. **Phone:** (403) 678-9454. **Web site:** www.discovercanmore.com/highlandgames.

Rocky Mountain Half Marathon & 8K race

Sept. 7, 2003. Enjoy this scenic race that takes place under sunny autumn skies, whether you run or cheer on the participants. **Phone:** 888-552-2873. **Web site:** www.cause.ca/events.

Festival of Eagles

Oct. 18–19, 2003. Come witness the annual eagle migration where hundreds of eagles will pass overhead. Event features exhibits, demonstrations and evening presentations. **Phone:** (403) 678–1878.

How to contact us:

For more information about Canadian Rockies, please contact our office:

Canadian Rockies Tourism, Box 1298, Banff, AB TOL 0C0

- Phone: 1-800-661-8888 Fax: (403) 762-8545
- E-mail: info@canadianrockiestourism.com Web site: www.canadianrockiestourism.com

Canadian Rockies

Natural Attractions

Grassi Lakes

A short hike above the town of Canmore, offering beautiful views over the Bow Valley and culminating at two stunning green springs. Interpretive plaques explain local features. A popular climbing spot.

Riverside Trail Network

A serene way to spend a few hours along the Bow River, only steps from downtown. Cross over the historic engine bridge and look for artifacts from the mining days. Watch for osprey nests on trees and telephone poles.

Cougar Canyon

Park at Cougar Creek Trailhead and walk into the canyon – the trail goes along as far as you want it to. A beautiful place to feel the wilderness, close to town. River sandals are a great idea, as there are several creek crossings.

Banff National Park

Located 130 km (81 mi.) W of Calgary, Banff National Park occupies 6,641 sq. km (4,150 sq. mi.) of mountain wilderness. The town of Banff is a thriving, four-season resort that combines alpine beauty with luxurious modern conveniences. Facilities include first-class accommodation, ski resorts, restaurants and services, all situated amidst spectacular scenery. Banff has been offering its warm hospitality and stunning settings to visitors for over a century.

Banff/Lake Louise Tourism Bureau

Web site: www.banfflakelouise.com Phone: (403) 762-8421. Fax: (403) 762-8163.

Parks Canada

Web site: www.parkscanada.pch.gc.ca/banff Phone: (403) 762-1550. Fax: (403) 762-1551.

Banff Centre

Recognized as one of North America's leading institutes dedicated to the professional development of artists and business leaders. The campus is open year-round for events. Location: 107 Tunnel Mountain Drive. Phone: (403) 762–6100 or 1–800–422-2633. Web site: www.banffcentre.ab.ca Box Office: (403) 762–6301 or 1–800–413–8368.

Banff Arts Festival

May - Aug., 2003. This festival is a dazzling array of music, opera, voice, musical comedy, dance, drama, workshops and visual arts as nearly 1,000 young artists from Canada and around the world come together to work and perform.

The Banff Mountain Book Festival

Nov. 5-7, 2003. Captures the passion and adventure of mountain stories through readings, presentations, a book fair, and the presentation of internationally-recognized awards for mountain literature. **Phone:** (403) 762-6301 or 1-800-413-8368. **Web site:** www.banffmountainfestivals.ca

The Banff Mountain Film Festival

Nov. 7-9, 2003. Brings you the world's best mountain films, videos, and speakers. Phone: (403) 762-6301 or 1-800-413-8368. Web site: www.banffmountainfestivals.ca

Banff Mountain Summit 2003

Mountains as Water Towers, Nov. 23 – 26. An event to celebrate the world-wide importance of water during the United Nations International Year of Fresh Water. **Phone:** (403) 762–6301 or 1–800–413–8368. **Web site:** www.banffmountainfestivals.ca

Banff Park Museum (National Historic Site)

One of Canada's oldest and grandest. This turn of the century museum displays an extensive collection of birds, mammals, insects and curiosities of Banff National Park. The site is well-known for its fine wood architecture and offers a reading room as well as a hands-on discovery room. **Open:** Year-round. **Location:** 93 Banff Ave. **Admission:** Charged. **Phone:** (403) 762–1558. **Web site:** www.worldweb.com/parkscanada-banff/museum.html

Fairmont Banff Springs Hotel

Originally constructed in 1888, the Fairmont Banff Springs Hotel offers all the stately charm of the past as well as the luxury of the present. Recreational activities include: tennis, golfing, bowling, horseback riding, indoor and outdoor heated pool and one of the largest health spas in Canada. Historical tours available daily. **Open:** Year-round. **Location:** 405 Spray Ave. **Phone:** (403) 762-2211 or 1-800-441-1414. **Web site:** www.fairmont.com

Fairmont Banff Springs Hotel Golf Course

This 27 hole, 6626 yard mountain course offers spectacular views and was originally designed by golf architect Stanley Thompson. Tee-off reservations are strongly recommended. Location: Located on #1 Golf Course Road. Phone: (403) 762-6801 Web site: www.fairmont.com

Banff Television Festival

June 8-13, 2003. Competition, professional development and business opportunities make up this famous festival. The public has an opportunity to view some of the best television from around the world, for free! **Phone:** (403) 678-9260. **Web site:** www.bt/f.com

Buffalo Nations Luxton Museum

Box 850, One Birch Ave., Banff, AB TOL 0C0 Phone: (403) 762-2388.

Canadian Ski Museum West

Cascade Plaza, 317 Banff Ave. Phone: (403) 762-8484. Fax: (403) 762-4221.

Cascade Gardens and Canada Place

One of Western Canada's finest historic landscapes. Gazebos, pools and flower gardens. Located on the grounds of the Park Administration building at the S end of Banff Ave.

Cave and Basin Centennial Centre

Walk into the cave and learn the fascinating story of the springs' discovery. Historical exhibits, geological displays and videos tell the park's history. Explore the effect of heated spring water on the surrounding flora and fauna. **Open:** Year-round. **Location:** 311 Cave Ave. **Admission:** Charged. **Phone:** (403) 762–1566. **Web site:** www.worldweb.com/parkscanada-banff/cave.html

Natural History Museum

112 Banff Ave., Banff, AB TOL 0C0 Phone: (403) 762-4652. Fax: (403) 762-8044.

Banff Gondola

Ride to the top in a glass-enclosed gondola and experience nature from one of the observation terraces or along the Promenade Walkway to Samson's Peak. **Open:** Year-round. **Location:** 4.5 km (2.8 mi.) from Banff townsite on Mountain Ave. **Admission:** Charged **Phone:** (403) 762-5438.

Web site: www.banffgondola.com

Banff Upper Hot Springs

Built originally in 1932 of rundle stone, this newly renovated centre features complete spa programs and a large outdoor pool. The average water temperature is 38°C (100°F). **Open:** Year-round. **Location:** 4.5 km (2.8 m.) from the townsite of Banff on Mountain Ave. **Admission:** Charged. **Phone:** (403) 762–1515 or 1-800-767-1611. **Web site:** www.parkscanada.gc.ca/hotsprings

Whyte Museum of the Canadian Rockies

Box 160, Banff, AB, TOL 0C0 **Phone:** (403) 762-2291.

Natural Attractions

Bankhead

Industrial ruin on Lake Minnewanka Road, 7.4 km (4.4 mi.) from Banff. Historic site of an early 1900s coal mine, colliery and town. An easy 45-min. walk leads through the mine site. Interpretive plaques bear photographs and descriptions of the buildings that once stood there.

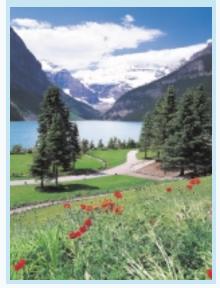
Bow Falls

Located near the Banff Springs Hotel, on the lefthand side of Bow Falls Drive. The Bow River thunders into Bow Falls just before the junction of the Bow and Spray Rivers.





Lake Louise



Hoodoos

4 km (2.5 mi.) from Banff on Tunnel Mountain Road. These spires, carved by the forces of wind and water, stand like lonely sentinels overlooking the Bow River. Wheelchair access.

Vermilion Lakes

This 4.5-km (2.8 mi.) drive branches off Norquay Road (Mount Norquay) just before the Banff/Norquay overpass and takes you along the 3 Vermilion Lakes. See a variety of flora and fauna common to marshland areas. Popular for bird watchers, nature enthusiasts, photographers and cyclists.

Bow Valley Parkway Hwy 1A

Access to Hwy. 1A can be gained 7 km (4.3 mi.) west of Banff, and from the Lake Louise overpass. Scenic, more serene alternative to the Trans-Canada Hwy. 1. Interpretive signs are located at points along Hwy. 1A.

Johnston Canyon

26 km (16 mi.) W of Banff on Hwy. 1A. Follow the self-guided interpretive trail for views of water erosion in action. A 5.6-km (3.5 mi.) walk will take you to the lnk Pots. Six cool springs bubble out of the ground year-round. Glacial sediments create beautiful aqua colours.

Lake Louise

View the majestic Victoria Glacier nestled behind Lake Louise - the "Jewel of the Rockies". Louise is renowned for downhill skiing, but it is also home to some of the best hiking and cross-country ski trails in the Rockies. At an elevation of 1,731 m (5,680 ft.), Lake Louise is 57 km (35 mi.) from Banff, near the start of the lcefields Parkway.

Fairmont Chateau Lake Louise

Originally built in 1890, this heritage property retains its brilliance through on-going restoration. The Chateau stands on the shores of Lake Louise, surrounded by towering mountains. It offers 497 rooms, 4 dining rooms, many shops, canoe rentals and more. **Phone:** (403) 522-3511 or 1-800-441-1414. **Web site:** www.fairmont.com

Lake Louise Gondola

Experience a spectacular view of Lake Louise, Victoria Glacier and The Great Divide. The 14-min. ride climbs to an elevation of 2,016 m (6,810 ft.). The summer operation includes a licensed restaurant, cafeteria and deli bar, picnic areas and sundecks at upper and lower mountain lodges. Unlimited hiking trails on Upper Mountain, complimentary nature programs offered daily. **Open:** June 1-Sept. 30. **Admission:** Charged. **Location:** 37 km (23 mi). N of Lake Louise. **Phone:** (403) 522-3555. **Web site:** www.skilouise.com

Natural Attractions

Moraine Lake and Valley of the Ten Peaks

12 km (7.5 mi.) E from Lake Louise access Rd. The emerald green lake is set before a backdrop of sharp peaks. To the N is Mount Temple, third highest peak in Banff National Park. This is a great area for hiking.

Lake Agnes Tea House

A 1-2 hr. hike one way from the Fairmont Chateau Lake Louise. The Tea House opens when the snow melts and closes after the first snowfall. Information can be obtained at Chateau Lake Louise.

Plain of Six Glacier Tea House

Located about 5.3 km (3.3 mi.) from the Fairmont Chateau Lake Louise. Hike should take approximately 1.5 - 2 hrs one way.

The Great Divide

Access from Hwy. 1 W of Lake Louise. This is the geographic point where all waters flow either west to the Pacific Ocean or east to the Atlantic. Displays at the picnic area describe this phenomenon which may be seen in action as the creek separates mid-flow.

Icefields Parkway

The Icefields Parkway (Hwy. 93) stretches 229 km (142 mi.) from the Trans-Canada Hwy. in Banff National Park to Jasper. The Parkway runs along a chain of massive icefields straddling the Continental Divide. Many points of interest and interpretive walks can be found along the Parkway, so schedule at least a half day to drive this route. National Park entry fees must be paid in order to access the Icefields Parkway.

Columbia Icefield SnoCoach Tours

Experience a "SnoCoach" tour on the Athabasca Glacier. Large "snocoaches" bring visitors onto the glacier where they can walk around on glacial ice and peer into deep blue crevasses. **Open:** April 20 - Oct. 15. Daily departures every 15 minutes. **Location:** Icefields Parkway, 105 km (65 mi.) S of Jasper and 125 km (78 mi.) N of Lake Louise. **Admission:** Charged. **Phone:** (403) 423-7433 or 1-877-ICE-RIDE. **Web site:** www.brewster.ca

The Icefield Centre Glacier Gallery

Open daily from May 1 to mid-Oct., the lcefield Centre is your starting point for a "glacial experience". See a model of the Columbia lcefield from space. **Phone:** (780) 852-6288.

Natural Attractions

Hector Lake

Located 214 km (133 mi.) S of Jasper, 16 km (10 mi.) N of Lake Louise. The beautiful green waters of Hector Lake spread below a fresh carpet of lush forest. While the southern part of the lake is forest-enclosed, the northern end is set hard against rugged mountains.

Bow Lake

Source of the Bow River. Large icefield covering an area of the Great Divide. The Bow Glacier extends from this field over the cliffs. **Location:** 37 km (23 mi.) N of Lake Louise just off Hwy. 93 N.

Peyto Lake

Highest point on the lcefields Parkway, Bow Summit is 2,088 m (6,852 ft.) above sea level. Short trail takes you to the Peyto Lake lookout. **Location:** 40 km (25 mi.) N of Lake Louise.

Mistaya Canyon

10-minute trail on the Mistaya River where the gorge has been delicately sculptured with "pot holes". **Location:** 71 km (44 mi.) N of Lake Louise.

Weeping Wall Viewpoint

Water from melting snow high on Cirrus Mountain finds its way through cracks in the seemingly impenetrable cliff of the Weeping Wall, plunging downwards as a series of graceful waterfalls. Location: 125 km (78 mi.) S of Jasper, 105 km (65 mi.) N of Lake Louise.

Parker Ridge

Hike through an alpine meadow to the crest of Parker Ridge for an view of the Saskatchewan Glacier, the largest tongue of the Columbia Icefield. **Location:** 113 km (70 mi.) S of Jasper.

Columbia Icefield

Area of glacial ice covers 389 sq. km (150 sq. mi.). From the highway, one can see the Athabasca, Stutfield and Dome glaciers. **Location:** 105 km (65 mi.) S of Jasper along Hwy. 93.

Crowfoot Glacier

This is one of over a hundred glaciers that can be seen along the Icefields Parkway. Years ago, this glacier resembled a crow's foot, with 3 large toe-like extensions. The lower "toe" of this foot has receded so much that only 2 toes remain. **Location:** 197 km (122 mi.) south of Jasper and 33 km north (20.5 mi.) of Lake Louise.

Tangle Falls

Beautiful waterfalls tumble down the Tangle Ridge. Bighorn sheep are often seen here. **Location:** 96 km (59 mi.) S of Jasper, 134 km (84 mi.) N of Lake Louise on the lcefields Parkway.

Stutfield Glacier

View the Sunwapta River, an excellent example of a braided river. Stutfield Glacier features a pair of ice falls which spill down the face of Mount Stutfield. **Location:** Viewpoint is 95 km (58 mi.) S of Jasper, 135 km (84 mi.) N of Lake Louise.

Sunwapta Falls

Here the Sunwapta River abruptly changes its course from NW to SW and plunges into a deep canyon. **Open:** June - Sept. Location: 55 km (34 mi.) S of Jasper. Take the access road 1 km (0.6 mi.) from the lcefields Parkway to Sunwapta Falls and Canyon.

Jasper National Park

Jasper National Park is Canada's largest mountain park. Located about 373 km (233 mi.) W of Edmonton, Jasper is surrounded by a necklace of emerald lakes and majestic waterfalls. Accommodations vary from luxurious resorts to quaint cabins. Renowned for canoeing, kayaking, hiking, golfing, fishing and horseback riding, Jasper also houses a ski resort.

Jasper Tourism and Commerce

Phone: (780) 852–3858. **Fax:** (780) 852–4932. **Web site:** www.jaspercanadianrockies.com

Parks Canada

Phone: (780) 852-6176 or 1-800-748-7275. Web site: www.parkscanada.pch.gc.ca/jasper

The Fairmont Jasper Park Lodge

Lodge offers accommodation in cedar chalets and heritage log cabins. There are riding stables, tennis courts, an 18-hole golf course and 17 shops. **Location:** 7 km (4.3 mi.) E of Jasper on Hwy. 16 E, turn and follow the Lodge Road. **Phone:** (780) 852-3301 or 1-800-465-7547. **Web site:** www.fairmont.com

The Fairmont Jasper Park Lodge Golf Course

18 holes amidst the spectacular Rocky Mountains. Equipment rentals and combined hotel/golf packages available. **Open:** mid-April - mid-Oct. **Phone:** (780) 852-6090. **Web site:** www.fairmont.com

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Alberta offers some of the world's best skiing



Snowboarding/Downhill skiing

If you're looking for dry, fluffy snow under relentlessly sunny skies – you'll find it at Alberta's ski resorts. Blessed with airy flakes, cheap lift tickets and world-renowned resorts, it's a skier's mecca. Each of our big six ski areas have distinct personalities – but if you don't find a match there, well, just move on to our 66 regional ski hills ... or into the rugged backcountry. There's virtually nothing our mountains don't offer.

Fortress Mountain

Known as "Friendly Fortress", this is Alberta's most economic alpine ski hill. Located in the heart of Kananaskis Country, Fortress is one of Alberta's bestkept secrets, and offers high alpine terrain great for snowboarding and natural skiing. Fortress is home to Canada's freestyle ski team, and is well-known for its great mogul skiing.

Phone: (403) 591-7108 or 1-800-258-7669. **Fax:** (403) 591-7133.

Web site: www.skifortress.com

Nakiska

Site of the XV Winter Olympic ski events, Nakiska is the closest mountain ski area to Calgary. Nakiska contains state-of-the-art snowmaking equipment that covers 85 per cent of the mountain's ski trails. Known for its groomed fall-line skiing, Nakiska is a cruiser's paradise.

Phone: (403) 591-7777 or 1-800-258-7669. Fax: (403) 591-7780.

Web site: www.skinakiska.com

Ski Marmot Basin

Called the 'Big Friendly', and located in Jasper National Park, Marmot Basin is the treasure of the Rockies with over 1,500 acres of terrain. Marmot Basin is one of the least crowded ski areas of its size in all of North America.

Phone: (780) 852-3816. **Fax:** (780) 852-3533. **Web site:** www.skimarmot.com

Ski Banff @ Norquay

Located about 10 min. from Banff, Ski Banff @ Norquay offers well-groomed trails, deluxe lodge facilities, as well as a wide variety of pricing options. Night skiing is also offered Friday nights after Jan. 1. Phone: (403) 762-4421. Fax: (403) 762-8133.

Web site: www.banffnorquay.com

Lake Louise

Lake Louise is Canada's single largest ski area with 18 sq. km. (11 sq. mi.) of terrain on 4 distinct mountain faces. Continually rated as "North America's most scenic resort", this internationally known ski area also provides the most snow-making acreage in North America.

Phone: (403) 522-3555 or 1-800-258-7669. Fax: (403) 522-2095.

Web site: www.skilouise.com

Sunshine Village

Sunshine Village is home to the longest ski season in Canada. Relying solely on Mother Nature, this resort is known to have Canada's best snow. Located 15 minutes from the town of Banff, Sunshine Village contains 3 mountains, 4 high-speed quads and on-hill accommodation.

Phone: (403) 762-6500. **Fax:** (403) 762-6513.

Web site: www.skibanff.com





Mount Kitchener in Jasper National Park



Jasper Tramway

The longest aerial tramway in Canada features a 7min., 2,500 m (8,205 ft.) trip up the Whistlers. There are boardwalks around the upper terminal, barbecue decks and a 45-min. hike to the summit. Shuttle service from all major hotels. **Open:** mid-April - mid-Oct. (weather permitting). **Location:** 7 km (4.4 mi.) S of Jasper off the leefields Parkway on Hwy. 93. **Admission:** Charged. **Phone:** (780) 852-3093. **Web site:** www.jaspertramway.com

Maligne Tours

90-min. cruises to the world-famous landmark of Spirit Island aboard glass enclosed tour boats. Tours depart hourly. **Open:** May - mid-Oct. **Admission:** Charged. **Phone:** (780) 852-3370. **Web site:** www.malignelake.com

Miette Hot Springs

Two outdoor bathing pools are fed by sulphur spring water, chlorinated and cooled to about 40° C (104° F). Interpretive display explains the local geology. **Open:** May 12 - Oct. 9. **Location:** 60 km (37 mi.) E of Jasper on Hwy. 16 then S about 17 km (10.6 mi.) on Miette Road. **Admission:** Charged. **Phone:** (780) 866-3939 or 1-800-767-1611.

Web site: www.parkscanada.gc.ca/hotsprings

Natural Attractions

Athabasca Falls

30 km (18 mi.) S of Jasper along the Icefields Parkway. The Athabasca River is funnelled into a narrow canyon cut in hard, quartz-rich sandstone rock. Viewpoints are located along the falls. Picnicking, and cross-country skiing.

Goat Lookout

38 km (23 mi.) S of Jasper, 192 km (119 mi.) N of Lake Louise. A panoramic view for many km up and down the Athabasca River Valley. A good place to spot goats and other wildlife which feed on the minerals in the white clay soil found here.

Lake Annette & Lake Edith

About 5 km (3 mi.) from the town, follow Hwy. 16 E from Jasper and then turn off on to Lodge Road. Picnicking, swimming (temperatures in the lakes can rise to 20° C - 68° F - in July), and hiking. Paved wheelchair path around Lake Annette and a bike trail around Lake Edith.

Maligne Canyon

Located 11 km (6.6 mi.) E of Jasper along Hwy. 16, and then turn off on to Maligne Road. The canyon is carved by the Maligne River and is 55 m (165 ft.) deep. This is one of the most spectacular gorges to be found in the Canadian Rockies. Self-guiding trails and footbridges provide spectacular views. Teahouse is open in the summer months. Guided Maligne Canyon tours available in winter. **Phone:** (780) 852-3370.

Maligne Lake

48 km⁻ (30 mi.) SE of townsite, take Hwy. 16, then turn on to Maligne Road. This is the second largest glacial lake in the world. Fishing boats and electric motors as well as rowboats are available. There is a licensed cafeteria and a dining room. Cross-country skiing. Allow 1 hr. from Jasper to Maligne Lake. 2 canoe-in campgrounds on the lake take approximately 4 hours to reach. Permits must be obtained from Parks Canada in advance by calling (780) 852-6177. Phone: (780) 852-3370.

Medicine Lake

29 km (18 mi.) E of Jasper along Hwy.16 E of the town and then turn off onto Maligne Rd. It is between Maligne Canyon and Maligne Lake. The water level fluctuates due to an underground drainage system. In summer the lake rises because more water flows in than can escape through the underground channels.

Mount Edith Cavell

29 km (17 mi.) S of Jasper on Hwy. 93, then Hwy. 93A. Proceed along the access road. Mount Edith Cavell (3,363 m, 11,037 ft.) is named after a British nurse who was executed by the Germans for aiding allied troops. Angel Glacier lies on the NE slope of the mountain and sends a river of ice over the cliff. A 45-min. trail crosses the flats for a better view of Angel Glacier. Road open June - Oct. Guided tours available in summer. **Phone:** (780) 852-5595/4945.

Old Fort Point

1.6 km (1 mi.) S from Jasper. Near the site of an early fur brigade post. The starting point for a number of hiking trails. Try the loop to Lac Beauvert or the 13 km (7.8 mi.) one-way trip to the Valley of the Five Lakes.

Punchbowl Falls

48 km (29 mi.) E of Jasper. 1 km (0.6 mi.) up the Miette Hot Springs Rd, a creek tumbles over a cliff face creating a narrow crevice.

Pyramid and Patricia Lakes

8[°] km (5 mi.) NW of Jasper. Turn off main street, Connaught Dr., onto Cedar Ave., which will lead to Pyramid Lake Road. It's a winding road but well worth the trip to see these 2 lakes and to view Pyramid Mountain (2,733 m, 8,969 ft.). There is fishing, picnicking, boat rentals, horseback riding, hiking, crosscountry skiing and ice skating.

Valley of the Five Lakes

9.6 km (5.9 mi.) S of Jasper townsite on Hwy. 93. This 3.2 km (1.9 mi.) trip is a 3-hr. scenic walk. The trail loops around 5 small lakes nestled at the foot of the Maligne Mountains. Ideal setting for a picnic or a fishing trip. Boat rentals are available.

Grande Cache and Area

Grande Cache is a vibrant town of 4,500 in a region of lakes, rivers, valleys and rugged mountain peaks. Tourism Interpretive Centre displays encapsulate the natural beauty, history and industry that make the town unique. **Phone:** (780) 827-3300 or 1-888-827-3790. **Web site:** www.town.grandecache.ab.ca

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Willmore Wilderness Park

Located N of Jasper National Park, Willmore Wilderness Park is Alberta's largest mountain preserve at 4,579 sq. km, and displays a wide variety of vegetation and wildlife. The park is only accessible by foot or horse. Activities include trail riding, hiking, backcountry camping and snowshoeing. Hikers should register with the local forest office in either Hinton or Grande Cache. Phone: (780) 427-7009, (780) 865-8267 or 1-800-427-3582. Web site: www.cd.gov.ab.ca/parks

Hinton

Affectionately known as the 'Gateway to the Rockies', Hinton and area has excellent hunting, fishing and other summer adventures as well as a wide range of winter activities.

Athabasca Nordic Centre

Cross Country Skiing enthusiasts can visit the world class Athabasca Nordic Centre for some great crosscountry skiing. The Centre is also home to a natural luge track. Follow Highway 16 to Highway 40 north and continue approximately 22 km to the turn off. Phone: (780) 865-5600.

Coal Branch

Take a historic and scenic drive through the Coal Branch. This historic tour will take you along the route of operating coal mines and historic locations such as Cadomin, Mercoal and Robb, just to name a few. A Commemorative Tour Map is available at the West Yellowhead Travel Alberta Centre. To reach the Coal Branch follow Highway 16 west of Hinton to Highway 40 south. For the adventurous, while visiting Cadomin, one might arrange a guided tour of Cadomin Caves. Visit the Travel Alberta VIC in Hinton for more information (caves accessible from May 1 - Aug. 31).

Coal Mine Tours

Take in a tour of an operating coal mine. During July and August, scheduled day trips depart from the West Yellowhead Travel Alberta Centre in Hinton at 10:00 a.m. and return at 2:00 p.m. Lunch is provided. The tour offers a better understanding of open pit coal mining, and guests have the opportunity to see beautiful reclaimed lands and an abundance of wildlife. Call the Hinton and District Chamber of Commerce at (780) 865-2777 for the tour schedule. Pre-registration is required.

Foothills Model Forest Tours:

This half-day tour enables participants to experience the forest first-hand and learn about the research the Foothills Model Forest Conducts. Topics may include fish and watershed systems, forest fire, forestry, history and wildlife. Tours are available during July and August. Call (780) 865-6972 for more information. Preregistration is required.

Forestry Museum

Hinton's Environmental Training Centre is the home of the Alberta Forestry Museum. The historic Moberly Cabin has been transformed into a museum of artifacts and stories of early forestry. You can see how rangers predicted and monitored forest fires in the early days. After visiting the museum, return to the main building and peruse the taxidermists' display in the upper level of the centre. This is a self-guided tour and can be taken Monday through Friday. Call (780) 865-8211 for more information.

Hoodoos

Sandstone formations sculptured by centuries of wind and water. Location: On Wild Sculpture Trail, an 18 km (7.4 mi.) trail located 56 km (35 mi.) NE of Hinton on Emerson Creek Road (gravel road, caution should be used). Phone: (780) 865-2777.

Natural Resource Interpretive Park

Visitors to Hinton can take in the Natural Resource Interpretive Park located along Highway 16 near Parks West Mall. The park illustrates Hinton industry and provides an explanation of forestry, mining and the railroad. Included in the park is an interpretive trail. You can also visit Hinton's many multi-purpose trails. The

Millennium Park, located at Civic Centre Road, is the crossroads of the trail system in Hinton and has interpretive signs and maps.

Switzer Provincial Park

Switzer Provincial Park is 25 km (15.5 mi.) north of Hinton on Highway 40 and is a must-see for outdoor enthusiasts and wildlife watchers alike. The park has camping, fishing, canoeing, water skiing, hiking and biking during the summer months. If winter activities interest you, try cross-countryskiing, ice fishing, skating or snow-shoeing. You can take part in the interpretive programs that take place in the park during the summer. Canoes and boats are available for rent. For camping and boat rental information call (780) 865-5152. For trail and snowshoe information call (780) 865-5600.

Weldwood of Canada, Hinton Division

A major pulp processing plant in Alberta, Weldwood offers campgrounds, hiking and skiing trails, as well as other summer and winter activities. Scheduled tours of the Weldwood Pulp Mill and Hi-Alta Sawmill are available during July and August. Call for more information. Pre-registration is required. Phone: (780) 865-8165.

Fishing Adventures

Canmore, Banff and Lake Louise

Alpine Anglers

Don Reilly Box 2440, Banff, AB T1L 1C2 Phone: (403) 762-8222 Fax: (403) 762-8411 Web site: www.alpineanglers.com

E-mail: tenpeaks@telusplanet.net Fly fishing trips, instruction and lessons in the Bow Corridor. Full-day, half-day and multi-days, float, walk and wade trips. Open: mid May - late Sept.

Banff Fishing Unlimited

Jeff Perodeau

Box 8281, Canmore, AB T1W 2V1 Phone: (403) 762-4936 Fax: (403) 678-8895 Web site: www.banff-fishing.com E-mail: banffish@expertcanmore.net

Guided fishing in Banff or Canmore. Winter ice fishing also available. **Open:** Year-round.

Hawgwild Fly & Ice Fishing

Box 5000, Ste. 334, Banff, AB T1L 1J9 Phone: (403) 760-2446 Cell: (403) 678-7980 E-mail: bigjim@flyfishing.com Web site: www.flyfishingbanff.com

Minnewanka Tours

Box 2189, Banff, AB T1L 1B9 Phone: (403) 762-3473 Fax: (403) 762-3479 E-mail: minntour@telusplanet.net Web site: www.minnewankaboattours.com Guided fishing trips on Lake Minnewanka. Equipment and tackle supplied. Open: May - Sept.

Monod Sports

Peter Monod Box 310, 129 Banff Ave., Banff, AB T1L 1A4 Phone: (403) 762-4571 Fax: (403) 762-3565 E-mail: monod@telusplanet.net Guided and instructional fly fishing trips in the Bow Valley area near Banff National Park. Float, walk and wade trips available. Open: May - late Sept.

Mountain Fly Fishers

John Samms

909 Railway Ave., Canmore, AB T1W 1P3 Phone: (403) 678-9522 or 1-800-450-9664

Fax: (403) 678-9525

Web site: www.telusplanet.net/public/jsamms Guided fly fishing day trips and camps in the Canadian Rockies. Open: April - Oct.

Rocky Mountain Fly Fishing Ltd.

Box 8183, Canmore, AB T1W 2T9 Phone: (403) 678-7870 Fax: (403) 678-6392 Web site: www.banffflyfishing.com E-mail: info@banffflyfishing.com

Upper Bow Fly Fishing Company

. Dan Bell

Box 2772, Banff, AB TOL OCO Phone: (403) 760-7668 Fax: (403) 762-8263 E-mail: ubff@telusplanet.net

Web site: www.upperbowflyfishing.com All levels of fly fishing in the Rockies. Easy-to-understand instruction. **Open:** April – Nov.





Jasper, Hinton, Grande Cache and Area

Currie's Guiding & Tackle Ltd.

PO Box 105, Jasper, AB TOE 1E0 Phone: (780) 852-5650 Fax: (780) 852-5670 Web site: www.jasperoutdooradventure.com Half- or full-day fishing trips in Jasper's trout lakes and rivers. 6-hr. lake ice fishing day trips. Boat, guide, and all equipment supplied. Open: Year-round.

Maligne Lake Guided Fishing

Box 280, Jasper, AB

Phone: (780) 852-3370 Fax: (780) 852-3390 Web site: www.malignelake.com

Specializing in trout fishing on Maligne Lake. All inclusive half- and full-day guided trout fishing expeditions. **Open:** mid-May - Oct.

Mountain Country Outfitters

Chris David

273 Sunset Estates, Hinton, AB T7V 1R6

Phone: (780) 817-5255

E-mail: articat@telusplanet.net

Web site: www.mountaincountryoutfitters.com Quality guided fishing trips around the Canadian Rockies. Catch and release is promoted.

Northern River Adventures

John Sutherland

166 Cheviot Drive, Hinton AB T7V 1P8 Phone: (780) 865-1812

Web site: www.northernriveradvent.com Trout fishing, daily or overnight trips available. Ice fishing. Open: Year-round.

On-Line Sport & Tackle Ltd.

Box 730, Jasper, AB TOE 1E0 Phone: (780) 852-3630 Fax: (780) 852-4245 Web site: www.visit-jasper.com/online.html Guided fishing for trout throughout Jasper National Park. All inclusive half- and full-day tours. Open: Year-round.

Rocky Mountain Fishing Adventures

Shane Swanson

367 Boutin Avenue, Hinton, AB T7V 1A2 Phone: (780) 865-5608 Fax: (780) 865-3136 E-mail: tammys@anthemproperties.com

Web site: www.canadian shoppingdeals/rockymtn/index.html Specializing in fly fishing. Bring along your camera. Catch and release is promoted.

Guest Ranches/ Wilderness Retreats

Canmore, Banff and Lake Louise

Alberta Frontier Wilderness Adventures/ Frontier Town

Box 1868, Sundre, AB TOM 1X0 Phone: (403) 638-2897 Fax: (403) 507-4162

Web site: www.albertafrontier.com Frontier Town has the look and feel of the old west and is set in the Rocky Mountains of Alberta, on the Red Deer River bordering Banff National Park. From the spacious log lodge to any one of the false-front buildings on Main Street, you will find a relaxing, refreshing atmosphere.

Brewster's Kananaskis Guest Ranch

Box 964, Banff, AB T1L 1A9 Phone: (403) 673-3737 or 1-800-691-5085 Fax: (403) 673-2100

Web site: www.brewsteradventures.com Cabin and chalet accommodation for up to 60. Barbecues, horseback riding, hiking, golfing, heli-hiking. **Open:** June 1 -Sept. 30.

Brewster's Shadow Lake Lodge

Box 2606, Banff, AB T1L 1C3 Phone: (403) 762-0116 Fax: (403) 760-2866 Web site: www.brewsteradventures.com

Lodge in backcountry of Banff National Park accessible by 14-km (3.6 mi.) hike or cross-country ski. Dining, afternoon tea. Open: Late Dec. - early Jan, Feb. - Mar., late June - late Sept.

Mount Assiniboine Lodge

Box 8128, Canmore, AB T1W 2T8 Phone: (403) 678-2883 Fax: (403) 678-4877

Web site: www.canadianrockies.net/assiniboine Found in Mount Assiniboine Provincial Park, British Columbia, the lodge was the first cross-country ski lodge in the Canadian Rockies. The lodge offers guests wilderness getaways with rustic comforts and is accessible by helicopter, hiking and skiing. Packages include all meals and guiding services. Open: Seasonal.

Mount Engadine Lodge

Box 8239, Canmore, AB TIW 2T9 Phone: (403) 678-4080 Fax: (403) 678-2109 Web site: www.mountengadine.com

Mount Engadine Lodge is a rustic mountain retreat overlooking a beautiful meadow in the heart of Kananaskis Country. Open: Mid-June - mid-Oct., late Dec.- early April.

Nakoda Lodge

Box 149, Morley, AB TOL 1NO

Phone: (403) 881-3949 Fax: (403) 881-3901 There is a quest lodge of 50 units, conference centre and meeting rooms. Beautifully situated at the end of Hector Lake, this area offers canoeing and fishing in the summer, skating and cross-country skiing in the winter. Self-guided hiking trails, boat rentals, and fishing licenses are available at the Lodge. Nakoda Lodge Institute has the largest collection of Native Western Art

Panther River Outfitters

Gary Bracken

RR1 Sundre, AB TON 1X0

Phone: (403) 638-4149 Fax: (403) 638-3311 Guided trail rides, log cabins. Hiking, fishing, photography and snowmobiling. Open: Year-round.

Rafter Six Ranch Resort

General Delivery, Seebe, AB TOL 1X0

Phone: (403) 673-3622 or 1-888-267-2624 Fax: (403) 673-3961 Web site: www.raftersix.com

Log lodge, cabins and chalets for 80 guests. Camping, whitewater rafting, pack trips, hiking, heli-hiking, fishing. Open: Year-round.

Skoki Lodge

Box 5, Lake Louise, AB TOL 1EO. Phone: (403) 522-3555

Fax: (403) 522-2095

Web site: www.skokilodge.com

A 1930 lodge, 11 km in Skoki Valley in Banff National Park. **Open:** Mid-Sept. - mid-April, mid-June - mid-Sept.

Sundance Lodge

Box 2280, 132 Banff Ave., Banff, AB T1L 1C1 Phone: (403) 762-4551 or 1-800-661-8352 Fax: (403) 762-8130 Web site: www.xcskisundance.com

Simpson's Num-Ti-Jah Lodge

Box 39, Lake Louise, AB TOL 1E0

Phone: (403) 522-2167

Fax: (403) 522-2425

Web site: www.num-ti-jah.com

Num-Ti-Jah Lodge overlooks one of the most dramatic scenes in the Canadian Rockies. Out of Bow Lake, the mountains rise steep and rugged. The blue ice of Crowfoot Glacier hangs suspended over the turquoise water. Accommodates up to 90 people. Open: Seasonal.

Jasper, Hinton, Grande Cache and Area

- Aurum Lodge Alan and Madelaine Ernst
 - Box 76, Nordegg, AB TOM 2H0 Phone: (403) 721-2117
 - Fax: (403) 721-2118
 - Web site: www.aurumlodge.com
 - E-mail: info@aurumlodge.com

Overlooking Abraham Lake, the secluded lodge and self-contained cabins offer peace and tranquility surrounded by the Rocky Mountains. Bikes, snowshoes and x-country skis available to guests. Open: Year-round.

Black Cat Guest Ranch

- Amber and Perry Hayward
- Box 6267, Hinton, AB T7V 1X6
- Phone: (780) 865-3084 or 1-800-859-6840
- Fax: (780) 865-1924
- Web site: www.blackcatranch.ab.ca

Guided trail rides, hiking trails, BBQs, fishing and crosscountry skiing. Main lodge building with individual guest rooms. Open: Year-round.

Blue Lake Adventure Lodge

Marty Handlon Box 6150, Hinton, AB T7V 1X5 Phone: (780) 865-4741 or 1-800-582-3305 Fax: (780) 865-5655 Email: bluelake@telusplanet.net

Web site: www.bluelakelodge.com

Only 30 minutes from Jasper National Park and 25 kms NW of Hinton on Highway 40. With 22 rooms, lounge and restaurant, saunas, hot tub and fitness area. Interpretive trails, wildlife viewing areas, hiking and fishing. Open: April 24 - Jan. 2.

Entrance Ranch

Rocky Notnes Box 6117, Hinton, AB T7V 1X5 Phone: (780) 865-7549 Fax: (780) 865-7540 Web site: www.explorejasper.com/rocky Ranch in the foothills near Hinton, 15 min. from Jasper Park. Trail riding and hiking. Groomed trails, certified ski instruction and touring, dog sled tours. Open: Year-round.

Rock Lake Lodge/George Kelley Outfitters

Box 6675, Hinton, AB T7V 1X8 Phone: (780) 865-3295 Fax: (780) 865-3046

Web site: www.rocklakelodge.com Borders on the boundary of Jasper National Park and Willmore Wilderness Park. Pack trips (2-14 days) into high alpine country. Log cabins, 103 campsites. Open: May - Oct.

Rocky Mountain Escape

Laura Rutter

Box 5029, Hinton, AB T7V 1X3 Phone/Fax: (780) 865-5559

E-mail: ecolodge@telusplanet.net

Web site: www.ecolodge.com

Secluded, private log cabins nestled amidst the front ranges of the Rockies. Hiking, horseback riding, canoeing, whitewater rafting, cross-country skiing, snowshoeing and dog sledding. **Open:** Year-round.

Sheep Creek Backcountry Lodge

Box 195, Grande Cache, AB TOE OYO Phone/Fax: (780) 831-1087 Web site: www.sheepcreek.net Remote valley next to Willmore Wilderness Park. Cabins,

woodburning stoves, horseback riding, fishing and hiking.

Guided Adventure/Hiking

Canmore, Banff and Lake Louise

Alpine Club of Canada

Box 8040, Canmore, AB T1W 2T8 Phone: (403) 678-3200 Fax: (403) 678-3224 Web site: www.alpineclubofcanada.ca E-mail: alpclub@telusplanet.net

Alpine Club operates 18 backcountry huts and a 50bed clubhouse in Canmore. Weekend and week-long camps and training courses. Open: Year-round.

Alpine Routes

Robson Gmoser 307 Three Sisters Dr., Canmore, AB T1W 2M6 Phone: (403) 678-0954 Fax: (403) 678-4877 Web site: www.alpineroutes.com

Fully catered and outfitted backpacking trips with guides versed in the ecology and history of the area. Open: June - Sept.

Back of Beyond Adventure Co.

Bud Ettinger 1 Birchwood Place, Canmore, AB T1W 1P9 Phone: (403) 678-6606 or 1-800-732-7251 Fax: (403) 678-0910 Web site: www.backofbeyond.ab.ca

E-mail: info@backofbeyond.ab.ca

Guided interpretive day and multi-day back packing trips, day hikes and backcountry lodge use with backcountry skiing, snowshoeing, moonlight ski and snowshoeing. Open: Year-round.

Banff Adventures Unlimited

211 Bear Street, Box 778, Banff, AB T1L 1A8 Phone: (403) 762-4554 or 1-800-644-8888 Fax: (403) 760-3196

Web site: www.banffadventures.com Adventure tourism operator which offers a variety of exhilarating activities for every season. Also provides sports rentals and area information. Open: Year-round

Banff Alpine Guides

Box 1025, Banff, AB TOL OCO Phone/Fax: (403) 678-6091 Mountain climbing, guiding service, climbing instruction or guided hikes. French, German and Japanese guides available. Open: May - Oct.

Berg Adventures International

Leila Candwell 969A Lawrence Grassy Ridge, Canmore, AB T1W 3C3 Phone: (403) 609-4148 or 1-866-309-4148 Fax: (403) 609-4154 Web site: www.bergadventures.com

An adventure, travel and learning company, offering mountaineering schools in the Canadian Rockies.

Canadian Mountain Holidays

Box 1660, Banff, AB T1L 1B5 Phone: (403) 762-7100 or 1-800-661-0252 Fax: (403) 762-5879 Web site: www.cmhhike.com

1-6 days heli-hiking, walking and mountaineering holidays. Trips are from remote lodges accessible only by helicopter. Open: June 29 - Sept. 21.

Canadian Rockies Cave Guiding

1114 Larch Place, Canmore, AB T1W 1S8 Phone: (403) 678-3522 or 1-888-450-CAVE (2283) Fax: (403) 678-3390

Web site: www.caveguiding.com Cave tours near Banff and Canmore all year round. Two levels of trip are offered - Introductory (2-3 hours) and Rappel (3-4 hours). Open: Seasonal.

Canadian Rockies Trail Tours

Andrew Olive

Box 8138, Canmore, AB T1W 2T9 Phone: (403) 760-9521 Fax: (403) 678-8748 Web site: www.cdnrockies.com

Offering guided mountain bike tours in the Kananaskis and Canmore areas. Will tailor trips to suit any activity.

Canmore Caverns Ltd.

1009 Larch Place, Canmore, AB T1W 1S7 Phone: (403) 678-8819

Web site: www.canadianrockies.net/wildcavetours Walk from the base of Grotto Mountain to the Cave through pleasant montane forest. Enjoy either a _ package tour or an Adventure tour. **Open:** Year-round.

Chute High Adventures

Box 1876, Banff, AB T1L 1B7 Phone/Fax: (403) 762-4068 E-mail: golovach@telusplanet.net

Corax Alpine

Box 302, Lake Louise, AB TOL 1E0 Phone: (403) 760-0609 Web site: www.ascentguides.com E-mail: corax@telusplanet.net

Good Earth Travel Adventures

J.P. Obbagy, Box 8510, Canmore, AB T1W 2V2 Phone: (403) 678-9358 or 1-888-979-9797 Fax: (403) 678-9384

Web site: www.GoodEarthTravel.com

E-mail: info@goodearthtravel.com Offers hiking, rafting, canoeing and mountain biking packages in summer. Skiing, snowshoeing and dogsledding in the winter. **Open:** Year-round.

Great Divide Nature Interpretation

Nadine Fletcher and Joel Hagen

Box 343, Lake Louise, AB TOL 1E0 Phone: (403) 522-2735 or 1-866-522-2735

Fax: (403) 522-3168

Web site: www.canadianrockies.net/greatdivide Don't miss the stories behind the scenery. Offers half and full-day hikes. Don't forget to try Chocolate Fondue with a View. Trips depart daily from Lake Louise. Special theme trips and private trips available. Open: June 15 - Oct. 15.

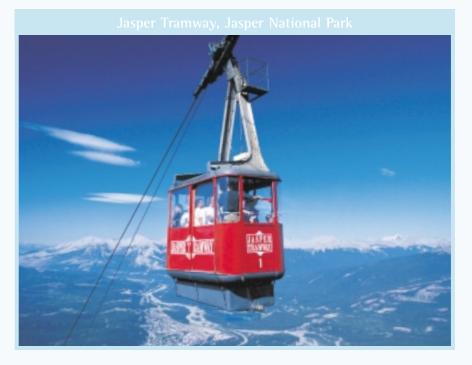
Kiska Adventures

Bernard Faure

1326 1st Ave., Canmore, AB T1W 1M4 Phone/Fax: (403) 678-5657

Web site: www.mountainhiking.com

Self-contained, day or multi-day backpack trips with a certified (French/English) guide. Open: Late June mid-Sept





Mirage Adventure Tours Ltd.

Box 8097, Canmore, AB T1W 2T8 Phone: (403) 678-4919 Fax: (403) 609-3210 Web site: www.miragetours.com Half- to 2-day whitewater rafting; cycling; trail-riding; hiking and helicopter sightseeing; cross-country skiing and sleigh rides. Open: Year-round.

Mountainguide.com

Box 2147, Banff, AB T1L 1B9 Phone/Fax: (403) 762-8536 Web site: www.mountainguide.com E-mail: info@mountainguide.com

Mountain Magic Equipment

224 Bear St., Box 1901, Banff, AB TOL OCO Phone: (403) 762-2591 or 1-800-661-0399 Fax: (403) 762-4672 Web site: www.mountainmagic.com E-mail: info@mountainmagic.com

Mountain Quest Adventure Co.

Trent Schumann 210, 223-10th St. NW, Calgary, AB T2N 1V5 Phone: (403) 270-0000 or 1-800-269-8735 (NA) Fax: (403) 283-6555 Web site: www.mountainquest.ca Nature, culture and adventure experiences. Open: Year-round.

M & W Guide's Office Ltd.

Box 8020, Canmore, AB T1W 2T8 Phone: (403) 678-2642 Fax: (403) 609-4684 Web site: www.mwguides.com E-mail: info@mwguides.com

Rock climbing instruction for all ages. Guided alpine climbs and winter programs. Ice climbing, heli-skiing and glacier travel. Open: Year-round.

Parks Canada

Box 900, Banff, AB T1L 1K2 Phone: (403) 762-1550 Fax: (403) 762-1551 Web site: www.parkscanada.pch.gc.ca Nature tours and walks.

Rockies Adventure Tours Ltd.

P.O Box 8249, Canmore, AB T1W 2T9 Phone: (403) 678-1231 Fax: (403) 678-1271 Web site: www.rockiesadventurestours.com

Rocky Mountain Traveller Co. Ltd.

Box 613, Bragg Creek, AB TOL OKO Phone: (403) 949-2210 Fax: (403) 949-2199 Outfitted hiking treks, utilizing domestic goats as pack animals. Open: Year-round

Swain & Company

Box 596, Banff, AB TOL OCO Phone: (403) 762-0602 Fax: (403) 762-0622

Western Alpine Experience

Dan Clark

3123 Brentwood Blvd. NW, Calgary, AB T2I 1J9 Phone: (403) 522-3086 Phone/Fax: 1-888-848-8681 Interpretive nature hikes, relaxed pace with many opportunities to view flowers and wildlife. Open: late May - mid-Oct.

White Mountain Adventures

Gord Stermann #7, 107 Boulder Cres., Canmore, AB T1W 1K9 Phone: (403) 678-4099 or 1-800-408-0005 (NA) Fax: (403) 678-5187 Web site: www.canadiannatureguides.com E-mail: info@canadiannatureguides.com

Guided walk, hike, ski or snowshoe expeditions. Hourly or full-day trips. Cross-country ski lessons and tours, snowshoe walks, Johnston Canyon ice walks and wolf research walks. Open: Year-round.

Willow Root Nature Tours

Peter Duck

Box 995, Banff, AB TOL OCO Phone/Fax: (403) 762-4335

Web site: www.agt.net/public/willow1/tours.htm E-mail: willow1@telusplanet.net

Professional naturalist provides guided walks and hikes including full interpretative programs. Will also do driving tours, slide shows and speaking engagements. Open: Year-round.

Yamnuska Inc.

200, 50 - Lincoln Park, Canmore, AB T1W 1N8 Phone: (403) 678-4164 Fax: (403) 678-4450 Web site: www.yamnuska.com E-mail: yamnuska@telusplanet.net

Mountain experiences for all levels, in all seasons, whether on foot, skis, rock or ice. Open: Year-round.

Jasper, Hinton, Grande Cache and Area

Alpine Art

Art Jackson Box 254, Jasper, AB TOE 1E0

Phone/Fax: (780) 852-3709

Web site: www.alpineart.net Eco-tours covering Jasper's wildlife and human history.

Nordic ski instructor. Open: Year-round.

Beyond The Beaten Path

Lorne Currie

Box 105, Jasper, AB TOE 1E0 Phone: (780) 852-5650 Fax: (780) 852-5670

Web site: www.jasperoutdooradventure.com Sightseeing van tours, wildlife searches year-round. Guided ice fishing, snowshoeing and cross-country skiing. Open: Year-round.

Fortech Wilderness Adventures

Shaun Bader

Box 90, Brule, AB TOE OCO

Phone: (780) 865-3360 or 1-888-565-4453

Web site: www.fortechwildernessadventures.com Half- to multi-day hikes and mountain biking excursions. Guides provide insight into natural history, wildlife and survival techniques. Open: June 1 - Sept. 30.

Inroads Mountain Sports

Jerry Fochler RR 2, Site 250, Box 4 Stony Plain, AB T7Z 1X2 Phone/Fax: (780) 963-7675 Web site: www.inroadsmountainsports.ab.ca

Eco-education through group climbing, mountaineering or caving and canyoning experiences for the novice to intermediate. Open: May - Oct.

Jasper Adventure Centre Ltd.

Murray Morgan Box 1064, Jasper, AB TOE 1E0 Phone: (780) 852-5595 or 1-800-565-7547 Fax: (780) 852-3127 Web site: www.jasperadventurecentre.com Specializing in van and van-assisted walking tours with certified park interpreters in the Jasper area. Open: Year-round.

Maligne Lake Interpretive Hikes Box 280, Jasper, AB TOE 1E0 Phone: (780) 852-3370 Fax: (780) 852-3390 Web site: www.malignelake.com

Guided interpretive hiking into the high alpine. Open: May - Oct.

Overlander Treking Tours

Trevor Lescard

Box 1088, Jasper, AB TOE 1E0 Phone: (780) 852-4056 or 1-888-786-3641 (NA) Fax: (780) 852-9663

Web site: www.sundogtours.com/overlander E-mail: trekonby@telusplanet.net

Offer guided hiking and overnight backcountry trips (1-7 nights) during summer months. Winter activities include ice walking. Open: Year-round. Cost: \$150-\$250/person.

Peter Amann Mountain Guiding and Schools

Peter Amann

Box 1495, Jasper, AB TOE 1E0

Phone: (780) 852-3237

Web site: www.incentre.net/pamann Introductory rock, snow and ice courses, mountaineering, ski touring, avalanche awareness courses, ice climbing and hiking trips. Open: Year-round.

Rocky Mountain Hiking

Doug Latimer

- Box 2623, Jasper, AB TOE 1E0
- Phone: (780) 852-5015

Interpretive programs, guided hikes, backcountry trips and caving in the Jasper area. Open: May - Oct.

Taste Of Wilderness Tours

Terry Deamer Box 795, Grande Cache, AB TOE 0Y0 Phone: (780) 827-4250 Fax: (780) 827-4244

Web site: www.tasteofwilderness.ab.ca Three-hour to seven-day interpretive hiking and backpacking trips into Willmore Wilderness Park and surrounding area. Winter activities include helisnowshoeing and snow shelter experience. **Open:** Year-round.

Thompson Tours

Heidi Fengler and Barry Wood Box 2627, Jasper, AB TOE 1E0 Phone: (780) 852-7269 Fax: (780) 852-3260 Web site: www.thompsontours.com E-mail: info@thompsontours.com Guided tours of Jasper National Park. Tours in English, French and German. Trailhead drop-offs and pickups. Open: Year-round.

Timberwolf Tours Ltd.

Mike Kuhnert 16161 Broadway Blvd., Sherwood Park, AB T8H 2A8 Phone: (780) 467-9697 Fax: (780) 467-7686

Web site: www.timberwolftours.com

Outfitted and guided camping tours combine sightseeing with activities. Hike, raft and canoe in the Canadian Rockies. **Open:** Year-round.

Walks & Talks Jasper

Paula Beauchamp and Blair Timmins Box 52, Jasper, AB TOE 1E0 Phone: (780) 852-4945 or 1-888-242-3343 Fax: (780) 852-5832 Web site: www.walksntalks.com E-mail: walktalk@incentre.net

Guided hiking, snowshoeing, cross-country skiing and van tours in Jasper National Park. **Open:** Year-round.

Wolfland Tours

Nicole and Mike Neaff 108 Moberly Drive, Hinton, AB T7V 1Z1 Phone: (780) 817-2562 Fax: (780) 817-2550 Web site: www.wolflandtours.com E-mail: info@wolflandtours.com

Tours in Hinton area near Jasper National Park. Two to six hour hikes, heli-hiking. Family and group rates available.

Off Highway Tours

Awesome Allseason Adventures

Stan Sjogren Box 415, Nanton, AB TOL 1R0 Phone: (403) 646-3063, 1-888-AWE-TOUR or (403) 760-3394 Fax: (403) 646-5866

Web site: www.telusplanet.net/public/awesome/ Day and overnight ATV & Jeep trips on unclaimed logging roads. Open: May - Oct. (weather permitting).

Banff Hummer Tours & Safaris Ltd.

Box 1141, Banff, AB T1L 1B1 Phone: (403) 851-1191 or 1-877-894-9378 (NA) Fax: (403) 932-0591

Web site: www.canadianrockies.net/hummertours E-mail: canrocad@telusplanet.net Offers 3-7 hour, full-day and customized tours. Meals

are included and airport transfers are available. Open: Year-round.

Canadian Rockies Adventure Tours

Bill Marlow 453 Westriver Rd., Hinton, AB T7V 1Z1 Phone: (780) 865-7380 or 1-866-666-QUAD Fax: (780) 865-5725 Web site: www.canadianrockiesadvent.com E-mail: canrocad@telusplanet.net vided tours on AV/s and snowmobiles

Guided tours on ATVs and snowmobiles. **Open:** Year-round.

H & R Rentals

Ross McMordie Box 865, Grande Cache, AB TOE 0Y0 Phone: (780) 827-4516 or 827-6098

Web site: www.hrrental.com

Explore the Rockies by Quad or Snowmobile half-day and full-day guided tours and daily rentals available. **Open:** Year-round.

Tours

Bactrax Rentals

225 Bear St., Box 1554, Banff, AB T1L 1B5 Phone: (403) 762-8177 Fax: (403) 762-6289 Web site: www.snowtips-bactrax.com

Banff Top Tours

222 Grizzly Cres., Canmore, AB T1W 1C1 Phone/Fax: (403) 678-9345 Web site: www.banfftoptours.com

Brewster Transportation and Tours

Phone: (403) 762-6700 or 1-800-661-1152 Web site: www.brewster.ca Driver/guide gives a background commentary as you tour the Rockies in comfort.

Discover Banff Tours

Box 1566, Banff, AB T1L 1B5 Phone: (403) 760-1299 or 1-877-565-9372 Fax: (403) 760-7696 Web site: www.discoverbanfftours.com E-mail: info@discoverbanfftours.com Daily interpretive sightseeing in Banff, Lake Louise and Columbia Icefield.

Friendly Mountain Tours

Phone: (403) 760-9321 Fax: (403) 678-2278 Web site: www.fmtcanada.com

Greyhound Bus Lines

Phone: Toll-free 1-800-661-8747 Web site: www.greyhound.ca For regular motorcoach service throughout the province.

Laidlaw Canadian Rockies

141 Eagle Cres., Box 1448, Banff, AB T1L 1B4 **Phone:** (403) 762-9102 or 1-800-661-4946 **Fax:** (403) 762-9210 **E-mail:** rose_chobaniuk@lpsg.com

Lake Louise Taxi & Tours

Box 128, Lake Louise, AB TOL 1E0 Phone: (403) 522-2020 Fax: (403) 522-2083

Red Arrow Bus Lines

Phone: (403) 531-3685 or 1-800-232-1958 Web site: www.redarrow.pwt.ca Bus service from the Calgary International Airport to Banff and Lake Louise.

Sundog Tours

Paul Hardy Box 548, Jasper, AB TOE 1E0 Phone: (780) 852-4056 Fax: (780) 852-9663 Web site: www.sundoqtours.com

True North Tours

Box 75051, Cambrian PO, Calgary, AB T2K 6J8 Phone: (403) 912-0407 or 1-888-464-4842 Fax: (403) 912-0407

Web site: www.backpackertours.com/truenorth Flexible and informal tours, from swimming in the clear, deep waters of Horseshoe Lake to spectacular hikes in pristine wilderness. **Open:** May 12 - November 11.

West Trail

Phone/Fax: (403) 609-0029 Web site: www.west-trail.com

Yellowhead Transportation and Tours

lan Duncan Box 5038 Hinton, AB T7V 1X3 Phone: (780) 866-0007 Tours to Jasper, Banff and Lake Louise and Edmonton.

Trail Riding/Pack Trips

Canmore, Banff and Lake Louise

Boundary Ranch

Rick and Denise Guinn Box 44, Kananaskis Village, AB TOL 2H0 Phone: (403) 591-7171 or 1-877-591-7177 Fax: (403) 591-7326

Web site: www.boundaryranch.com One-hour to multi-day rides, western barbecues, whitewater rafting and other adventures. Open: Trail rides: May – Oct.

SnoCoach Tour, Columbia Icefield



Mountain range in autumn glory



Brewster Mountain Pack Trains Ltd.

Box 964, Banff, AB T1L 1A9 Phone: (403) 762-5454 or 1-800-691-5085 (NA) Fax: (403) 762-3953

E-mail: bmpt@brewsteradventures.com

Web site: www.brewsteradventures.com Tea House rides to Lake Agnes and Plain of Six Glacier.

Overnight to 5-day pack trips depart from the Kananaskis Guest Ranch. **Open:** May-Sept.

Cross Zee Ranch

Jim and Brenda Stanton Box 8175, Canmore, AB T1W 2T9 Phone: (403) 678-4171 Fax: (403) 678-4039 Web site: www.canadianrockies.net/crosszeeranch

Located in Canmore, this ranch offers day trip trail rides for 1-3 hours. **Open:** May-Oct.

Giddy Goat Adventures

Box 8594, Canmore, AB T1W 2V3 Phone: (403) 609-9992 Fax: (403) 609-6663 or 1-866-go-giddy Web site: www.giddygoatadventures.com

Holiday on Horseback -

Warner Guiding and Outfitting Box 2280 Banff AB T1L 1C1 Phone: (403) 762-4551 or 1-800-661-8352 (NA) Fax: (403) 762-8130 E-mail: warner@horseback.com

Web site: www.horseback.com

One, two or three hour rides or multi-day adventure rides. Overnight pack trips from 2-6 days. All trips access Banff Sundance Lodge. **Open:** Year-round.

Lost Guide Adventure Tours

Sherry Wesson

8715 - 68A St., Edmonton, AB T6B 1T6 Phone: (780) 469-9602

Six days all-inclusive horseback adventure in the Canadian Rockies for people who want a true western experience with great food. Base camp on Ranger Creek, which borders the northern boundaries of Banff National Park. 4 trips scheduled per year. **Open:** Seasonal.

Outlaws Guiding and Outfitting

Frank Raymond RR 1, Sundre, AB TOM 1X0 Phone: (403) 556-2713 Fax: (403) 556-3030 Web site: www.outlaws.ab.ca Trail rides of 3 to 7 days starting at Clearwater Valley.

Fishing near camp. **Open:** July – Aug.

Radke Outfitting

Stan Radke Box 555, Red Deer, AB T4N 5G1 Phone: (403) 340-3971 Fax: (403) 341-3300 Web site: www.radkeoutfitting.com Horseback trips up to 10 days in the Big Horn Wildland Recreation Area, E of Banff National Park. Open: June 1 - Oct. 1.

Rocky Express Tours

Box #75051, Cambrian PO, Calgary, AB T2K 6J8 Phone: (403) 912-0407 or 1-888-464-4842 (CA) Fax: 403-912-0407 Web site:

www.backpackertours.com/truenorth/trip1.html The Rocky Express is a 6 day, 5 night tour through the Rocky Mountains. We are an adventure tour company, rather than a luxury tour or bus service. Our tours are flexible and informal – fun and adventure are first and foremost.

Sunset Guiding and Outfitting Inc.

Susanne Comfort, Duane Papke Box 1800, Sundre, AB TOM 1X0 Phone/Fax: (403) 637-2361 or 1-888-637-8580 Web site: www.sunsetholidays.net Horseback trips 63 km southwest of Sundre. Full-day to 10-day trail rides. **Open:** Year-round.

Timberline Tours Ltd.

Paul Peyto Box 14, Lake Louise, AB TOL 1E0 Phone: (403) 522-3743 Web site: www.banff.net/timberline Guided horse pack trips of varying lengths into the backcountry of Banff National Park. Trips range from 1 hour to 10 days. **Open:** June - Oct.

Trail Riders of the Canadian Rockies

Box 6742, Station D, Calgary, AB T2P 2E6 Phone: (403) 264-8656 Fax: (403) 264-8657 Web site: www.canuck.com/~trcr Tepees, meals, fishing, hiking and relaxing. Open: July - Aug.

Jasper, Hinton, Grande Cache and Area

Athabasca Trail Trips

Rocky Notnes Box 6117, Hinton, AB T7V 1X5 Phone: (780) 865-7549 Web site: www.explorejasper.com/rocky Trail rides with quide/outfitter. Half- or full-day rides.

Big Smoky Outfitting Ltd.

Box 5598, Westlock, AB T7P 2P5 Phone: (780) 349-4907 Fax: (780) 349-4590

Overnight pack trips for photography, fishing and sightseeing from Hell's Gate. Day rides or moving pack trips. **Open:** May - Oct.

High Country Vacations

Bazil Leonard and Susan Feddema Box 537, Grande Cache, AB TOE 0Y0 Phone: (780) 827-3246 or 1-877-4TRAILS (487-2457) Fax: (780) 827-4799

Web site: www.horsebacktherockies.com

Experience a trail riding adventure vacation, deep into the heart of the Rocky Mountains. Become one with remote, wild places in Willmore Wilderness Park, directly north of Banff and Jasper National Parks. Horseback riding tours, camping, wildlife watching and fishing. **Open:** May – Sept. 30.

Highland Outfitting

Bill Gosney

Box 6297, Hinton, AB T7V 1X6

Phone: (780) 865-4961 or (780) 865-6225 (cell) Fax: (780) 865-2822

Three- to fourteen-day pack trips in Willmore Wilderness Park. **Open:** June - Sept.

Horseback Adventures

Tom and Shawn Vinson Box 73, Brule, AB TOE OCO Phone: (780) 865-4777 Fax: (780) 865-5433 Web site: www.horsebackadventuresltd.com Cabins, central dining lodge and day rides. Six to ten

day backcountry pack trips in Jasper National Park and Willmore Wilderness Park. **Open:** Year-round.

Horseback Riding at the Overlander

Mountain Lodge

Gerald Ward Phone: (780) 852-8184

Enjoy a scenic horseback ride suitable for all ages. Experience is not necessary.

Jasper Tonguin Valley Pack & Ski Trips

Box 550, Jasper, AB TOE 1E0

Phone: (780) 852-3909 Fax: (780) 852-3763 Web site: www.tonquinvalley.com

Trips of up to 5 days into the Tonquin Valley with accommodation in cabins. Hiking and cross-country ski trips. Winter accessible by 24-km (15-mi.) crosscountry trail. **Open:** July - mid Sept., Feb. - March.

Larry's Riding Stables/Guiding and Outfitting

Larry Delorme Box 6131, Hinton, AB T7V 1X5

Phone: (780) 865-9223

Fax: (780) 865-5957

Web site: www.trailrides.ca

Hourly trail rides, Yellowhead Highway 16, east of Jasper National Park. Folding mountain and Brule Lake day trips. Wilderness pack trips. Wagon and sleigh rides. **Open:** Year-round.

Old Entrance Trail Rides

Mary Luger

Phone: 1-866-817-9700

E-mail: oldentrance@yahoo.com

Web site: www.oldentrance.ab.ca Guided trail rides from Old Entrance along the Athabasca River valley with spectacular mountain scenery.

Pyramid Stables

Dan W. Myhill Box 1200, Jasper, AB TOE 1E0 Phone: (780) 852-3562 Fax: (780) 852-7061 Web site: www.mtn-park-lodges.com Trail rides, pony rides and carriage rides. Sleigh rides, wagon rides and dine and ride packages. Open: May - Oct. 15.

Ridgeline Riders

627 Patricia St., Jasper, AB TOE 1E0 Phone: (780) 852-3370 Fax: (780) 852-3390 Web site: www.malignelake.com Three-and-a-half hour trail ride from Maligne Lake to the summit of the Bald Hills. **Open:** June - Sept.

Sherwood Guides and Outfitters

Pete McMahon

52525 Rng. Rd. 215, Ardrossan, AB T8E 2J4 **Phone:** (780) 922-2266 **Fax:** (780) 922-4674 Three to fifteen days of trail rides into Willmore Wilderness Park. Sleigh rides available. **Open:** June - Nov.

Skyline Trail Rides Ltd.

Dave Flato

Box 207, Jasper, AB TOE 1E0

Phone/Fax: (780) 852-4215 or 1-888-852-7787 (NA) Web site: www.skylinetrail.com

Chalet with dining room and guest cabins. Three- and four-day wilderness camps with fishing, tenting and meals. Hourly and day rides. **Open:** Year-round.

Sulphur Gates Enterprises Ltd.

Detles Neumuller Box 1101, Grande Cache, AB TOE 0Y0 Phone: (780) 827-2620 Fax: (780) 827-4629

Half & full-day trail rides with lunch. Five-day excursions into Willmore Wilderness Park. **Open:** June – Sept.

Tonquin Valley Adventures

Mike Day Box 1795, Jasper, AB TOE 1E0 Phone: (780) 852-1188 Fax: (780) 852-3602 Web site: www.tonguinadventures.com

Horse pack trips of 4 and 5 days into the Tonquin Valley via the Astoria River. One main log cabin and sleeping cabins.

U-Bar Trail Rides

Brenda and Ray Landry Box 929, Grande Cache, AB TOE 0Y0 Phone: (780) 827-3647 or (780) 827-4884 Fax: (780) 827-3691 E-mail: ubar@telusplanet.net Web site: www.ubartrailrides.com Two- to seven-day horseback trips in Willmore Wilderness Park. Hourly guided rides, and overnights. Open: May - Oct.

Wild Hay Adventure Tours

Wayne Gienger Box 1018 Grande Cache, AB TOE 0Y0 **Phone:** (780) 827-2643 or 827-6038 Guide and outfitter trail rides.

Wild Rose Outfitting

Dave Manzer Box 113, Peers, AB TOE 1W0 Phone/Fax: (780) 693-2296 Web site: www.wildroseoutfitting.com Trail rides into Willmore Wilderness Park. Open: late June - mid-Sept.

Travel (Air)

Air Jasper

Jim Bacon 129 Seabot Cres., Hinton, AB T7Z 1K4 Phone: (780) 865-3616 or 1-877-865-3617(AB) Fax: (780) 865-5222 Web site: www.airjasper.com Sightseeing aerial tours over Columbia IceFields, Malinne Lake Mount Bohson Lasper and area Charter

Maligne Lake, Mount Robson, Jasper and area. Charter and recreational trips available.

Alpine Helicopters

91 Bow Trail, Canmore, AB T1W 1N8 Phone: (403) 678-480 Fax: (403) 678-2176 E-mail: alpinec@telusplanet.net Web site: www.alpinehelicopter.com wentv-five to forty-five minute flight tours of

Twenty-five to forty-five minute flight tours of the Rockies. Heli-hiking and heli-picnics. **Open:** Year-round.

Assiniboine Heli Tours Inc.

Dr. Jackie Cheng

#1-1225 Railway Ave., Canmore, AB T1W 1R4 Phone: (403) 678-5459 or 1-800-824-9721 (NA) Fax: (403) 678-3075

Web site: www.assiniboinehelitours.com Daily sightseeing tours, heli-hiking and picnics and 2-7 night adventure packages featuring walks with naturalist guides, hiking, biking, and rafting. **Open:** Year-round.

High Country Helicopters

Hjalmar Tiesenhausen Box 2048, Jasper, AB TOE 1E0 Phone: (780) 852-70125 Fax: (780) 852-7007 Web site: www.visit-jasper.com Sightseeing, snowshoeing and fishing tours. Trips to backcountry cabin. **Open:** Year-round.

Icefield Helicopter Tours Inc.

Box 146, Lake Louise, AB TOL 1E0 Phone: (403) 721-2100 or 1-888-844-3514 Fax: (403) 721-3779 Web site: www.icefieldhelicopters.com E-mail: kmhl@telusplanet.net

Specializing in helicopter adventure tours. Tours include sightseeing flights, helicopter fly fishing trips (guides available) and heli-caving/biking/hiking. **Open:** Year-round.

Pacific Western Helicopters

Glen Slade 9801-99th Ave/ Box 750, Grande Cache, AB TOE 0Y0 Phone: (780) 827-3911 Fax: (780) 827-3811 Web site: www.helitoursgrandecache.com E-mail: grandecachebase@pwh.ca

Scenic helitours, featuring views of the Willmore Wilderness Park and Canadian Rockies. Guided helihiking/showshoeing/rafting/horseback riding tours for the outdoor enthusiast.

Peace Air

Phone: (780) 624-3060 or 1-800-563-3060

Fax: (780) 624-3063 Web site: www.peaceair.com Scheduled air service Mon. - Fri. between Jasper/Hinton and Calgary International Airport.

Water Adventures

Canmore, Banff and Lake Louise

Blast Adventures Ltd.

Astrid Klock

120B Rundle Dr., Canmore, AB T1W 2L9 Phone/Fax: (403) 609-2009 or 1-888-802-5278 Web site: www.blastadventures.com Full- or half-day inflatable kayaking trips in the foothills. Multi-day trips on the Blackstone River. **Open:** May - Sept.

Canadian Rockies Rafting Co.

Liz McMullen and Todd Nunn

Box 8082, Canmore, AB T1W 2T8 **Phone:** (403) 678-6535 or 1-877-CAN-ROCK **Fax:** (403) 609-2335 **Web site:** www.rafting.ca **E-mail:** canrock@telusplanet.net

Float tours on the Bow River. Whitewater trips up to Grade 3 & 4 rapids on the Kananaskis River and Kicking Horse River. **Open:** May - Sept.

Canadian Whitewater Adventures

Box 1025, Cochrane, AB T4C 1B1 Phone/Fax: (403) 851-8118 or 1-888-577-8118 Web site: www.canadianwhitewater.com E-mail: info@canadianwhitewater.com

Chinook River Sports Ltd.

Karen Black and Brian Cork

- 7903 48th Ave. SW, Calgary, AB T3B 2A7 Phone: (403) 263-7238 or 1-800-482-4899 (CA) Fax: (403) 202-5672
- Web site: www.chinookraft.com

Raft the Kicking Horse, Kananaskis, Bow, Red Deer or Highwood rivers Daily departures from Calgary, Canmore, Banff and Lake Louise available. **Open:** May 1 - Sept. 30.

Hydra River Guides

Darryn McCutcheon

Box 778, Banff, AB T1L 1A8

Phone: (403) 762-4554 or 1-800-644-8888 Fax: (403) 760 3196

Web site: www.banffadventures.com

E-mail: info@banffadventures.com

Whitewater trips on the Kicking Horse river. Two trips daily with transportation from Banff and Lake Louise hotels. **Open:** May – mid-Sept.

Lake Louise Canoe Rentals

Chateau Lake Louise, LK Louise, AB TOL 1E0 Phone: (403) 522-3511 Fax: (403) 522-3834

Mirage Adventure Tours Ltd.

Box 8097, Canmore, AB T1W 2T8 Phone: (403) 678-4919 or 1-888-312-7238 Fax: (403) 609-3210

Novice half-day whitewater rafting on the Kananaskis River. Kids aged 6 and up welcome. Intermediate rafting on the Upper Red Deer River. **Open:** May – Sept.

Moraine Lake Canoe Rentals

Moraine Lake Lodge Box 70, Lake Louise, AB TOL 1E0 Phone: (403) 522-3733 Fax: (403) 522-3719

Herbert Lake, Banff National Parl



Alberta UNESCO Trail (one to two week trip by car)

f Canada's 13 UNESCO World Heritage Sites, Alberta claims five. In order to see all five United Nations UNESCO World Heritage Sites, we suggest you start in the far southwest corner of the province in Waterton Lakes National Park and work your way northeast to Wood Buffalo National Park (the second largest national park in the world). Along the way you'll discover why these sites deserve such a prestigious designation:

- Waterton Lakes National Park a UNESCO site since 1979, the park is famous for its deep glacial lakes, high-altitude day hikes, horseback riding adventures, 1,200 species of plants and wildlife. Plus, it became the world's first International Peace Park in 1932 when it joined Glacier National Park and, today, is considered a model of environmental co-operation.
- Head-Smashed-In Buffalo Jump became a UNESCO site in 1981 for its cultural and historical significance. Its bragging rights are well-earned – as it's the largest, oldest and best preserved of all jumps in North America. At the base is a vast graveyard with thousands of years worth of bones from butchered bison piled 10 metres (32 ft.) high. The jump represents an exceptionally ingenious hunting technique used by Plains Indians up to 10,000 years ago.
- Dinosaur Provincial Park, now protected under the UNESCO designation, has some of the most extensive dinosaur bone fields in the world. Daily

summer interpretive programs and digs walk you back through time.

- Banff and Jasper Parks National together, have been declared World а Heritage Site b٧ UNESCO. Both parks are packed with historic museums. interpretive programs, hikes, canoe loops, backcountry lodges, cycle opportunities, golf courses, spas, tennis courts and extensive horseback riding trails.
- Wood Buffalo National Park. Miles from nowhere, in the far northeast corner of Alberta is a vast chunk of lonely boreal forest and shallow lakes. It's

also home to the world's largest free-roaming herd of wood bison (more than 2,100 remain) and is the last natural nesting habitat of the rare whooping crane (183 individuals were counted in 1999). It was for these reasons



Wood Buffalo National Park was deemed a UNESCO site in 1983.

For a detailed itinerary, complete with historical information and distances, visit TravelAlberta.com

Alberta Rocky Mountains Trail (2-3 days by car)

ramatic mountain vistas, huge walls of ice, beautiful lakes and spectacular waterfalls makes this one of the world's classic mountain drives

For an unforgettable adventure, immerse yourself in the Rockies. Begin your trip in Edmonton and end in Calgary. Along the way you'll slice through two national parks and take in the 230-km-long lcefields Parkway – a wealth of different landscapes. Highlights include:

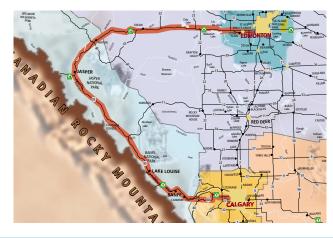
- The Cadomin Caves, just outside the town of Hinton – well worth a detour.
- While in Jasper, hop aboard a boat for a tour down the 26-km-long Maligne Lake, golf, or have tea and a spa treatment at the luxurious Jasper Park Lodge. Then again you could hike the half-day Opal Hills loop, join a horse pack trip into Shovel

Pass Lodge or choose to do nothing more than relax in the Miette Hot Springs.

· From Jasper, follow the 230-km-long Icefields Parkway to Banff National Park. The immense icefields, 100 or so glaciers, flowered meadows and shimmering lakes are stunning. Points of interest include the Columbia lcefields Centre, Parker Ridge, Panther Falls and Peyto Lake Lookout.

- In Lake Louise, you will find one of the most photographed lakes in the world - Lake Louise and marvel over its neighbour, Moraine Lake. This area is an international mecca for hikers and climbers.
- From Lake Louise take the scenic Bow Valley Parkway to Banff, stopping at Baker Creek (have a meal or stay overnight) and Johnston Canyon (great spot for a picnic or a hike). Then use the town of Banff as a base, for a day or two, to explore the fabled area. Get a sense of Canada's alpine history by starting at Banff's Cave and Basin Centennial Centre and then tour other charmers like the Banff Park Museum and the Whyte Museum. For panoramic views, hop on the Sulphur Mountain Gondola or take a boat ride on Lake Minnewanka. Golfing, rafting, fishing, canoeing and hiking opportunities are readily available in Banff.
- After Banff, travel east on Hwy. 1 and notice how the Rockies shrink and tumble into rolling foothills. Just as they flatten you'll arrive at your end point, Calgary.

For a detailed itinerary, complete with historical information and distances, visit TravelAlberta.com



Rainbow Riders Adventure Tours Inc.

Box 8585, Canmore, AB T1W 2V3 Phone: (403) 678-7238 or 1-877-717-RAFT Fax: (403) 673-0004 Web site: www.rainbowriders.com Introductory half-day whitewater rafting on the Kananaskis River. Trips on the Red Deer and Highwood Rivers. Day trips for groups. Open: May - Sept.

Rocky Mountain Raft Tours

Kim Hartlin Box 1771, Banff, AB T1L 1B6 Phone: (403) 762-3632 Fax: (403) 762-9205 One-hour to half-day scenic boat trips on the Bow River. Open: mid-May - Sept.

Voyageur Ventures

Box 1432, Cochrane, AB TOL OWO Phone: (403) 932-7750 or (403) 845-7878 Fax: (403) 932-7750 Guided half- to multi-day tours with Voyageur canoes

on the North Saskatchewan River. Full interpretation, along with canoeing, caving, rock climbing and hiking. Open: May - Sept.

Wild Water Adventures

Ted Bilton or Liz Webber Box 25, Lake Louise, AB TOL 1EO Phone: 1-888-647-6444 Fax: (403) 522-2212 Web site: www.wildwater.com E-mail: info@wildwater.com Whitewater rafting on the Kicking Horse River. Gentle whitewater trip is also available. Open: May - Sept.

Jasper and Area

Avalanche Adventure Tours Roy Fulop Box 712, Grand Cache, AB TOE OYO Phone: (780) 827-6476 or (780) 827-3766 Fax: (780) 827-3767 Jet boat tours on the Smoky and Kakwa Rivers. Tours,

hunting, camping and fishing trips. Open: May - Oct.

Double H Outfitters Ltd.

Herb Bailey 27224 Twp Road, 510 Stony Plain, AB T7Z 1Z7 Phone: (780) 963-7448 or 1-800-816-4409 (NA) Fax: (780) 963-7446 Web site: www.hhoutfitters.com

E-mail: doubleh@connect.ab.ca.

Offers trail riding and ride & raft trips from 2 hrs. - 2 weeks (raft trips are on the Red Deer and Panther rivers). Custom arranged tours and adventures available. Open: May - Oct.

Jasper Raft Tours

Scott Eady Box 398, Jasper, AB TOE 1E0 Phone: (780) 852-2665 or 1-888-553-5628 Fax: (780) 852-3923 Web site: www.JasperRaftTours.com Guided one to two hour tours in 24-passenger rafts on the Athabasca River. Open: May 15 - late Sept.

Maligne Rafting Adventures

Rick Kennedy Box 280, Jasper, AB TOE 1E0 Phone: (780) 852-3370 Fax: (780) 852-3390 Web site: www.mra.ab.ca

Wild whitewater rides in Jasper National Park. Trips available on the Sunwapta. Three-day wilderness tours on the Kakwa and Smoky River. Open: May - mid Sept.

Raven Rafting

Box 6, Jasper, AB TOE 1E0 Phone/Fax: (780) 852-4292 Whitewater rafting from mild to wild. Trips on the Sunwapta and Athabasca Rivers. Open: May - Sept.

Rocky Mountain River Guides

Brian Young Box 1447, 600 Patricia St., Jasper, AB TOE 1E0 Phone: (780) 852-3777 Fax: (780) 852-7235 Web site: www.rmriverguides.com Whitewater rafting trips on the Sunwapta and Athabasca Rivers. Daily trips with licensed guides. Open: May 15 - Sept. 15.

Rocky Mountain Voyageurs

Historic Site

Centre

Museum

Hotel

Museum

Box 61, Exshaw, AB TOL 2CO Phone: (403) 673-3604 Web site: www.jaspercanoes.com Offering a historical perspective of the Athabasca River in voyageur canoes.

Whitewater Rafting (Jasper) Ltd.

Mark Howe Box 362, Jasper, AB TOE 1E0

Phone: (780) 852-7238 or 1-800-557-7238 (NA) Fax: (780) 852-3623

Web site: www.whitewaterraftingjasper.com Whitewater and scenic rafting tours for ages 6 and up on the Athabasca and Sunwapta Rivers. Open: May 1 - early Oct.

Wild Blue Yonder Tours

Gina Goldie Box 1611, Grande Cache, AB TOE OYO Phone: Toll-free 1-877-WILD-RUN Fax: (780) 827-5452 Web site: www.RAFTtherockies.net Customized, guided rafting, hiking and canoe tours into mountain wilderness. Open: May - Sept.



Starting from Calgary, make your way west on the Trans-Canada Highway. (Hwy. 1). You may want to take a side trip on scenic Hwy. 40 in to Kananaskis Country, also, a great gateway to the South. Continuing on Hwy. 1 will take you through Canmore and into Banff National Park. From the town of Banff continue to Lake Louise on the Bow Valley Parkway (Hwy. 1A). The Icefields Parkway (Hwy. 93) awaits and can be accessed shortly after Lake Louise. Halfway up the Parkway at Saskatchewan River Crossing is the junction with the David Thompson Highway (Hwy. 11), guiding you to Red Deer. Continue along Hwy. 93 and cross in to Jasper National Park. Within, you will find the Columbia Icefields, followed by the town of Jasper. Highway 16 will sweep you eastward to the town of Hinton, where you may choose to take the Bighorn Highway (Hwy. 40) to Grande Cache, en route to the North, and Alaska. Remain on Hwy. 16 which delivers you to Edmonton. Highway 2 then connects Edmonton, Red Deer and Calgary.